

ERYNGIUM (WILD CORIANDER)

BOTANICAL NAME	:- Eryngium foetidum
FAMILY	:- Umbelliferae
LOCAL NAME	:- Dhania khlaw
HINDI NAME	:- Brahma-Dhaniyaa



HABITS AND HABITATS :-

Herb, found wild in the Khasi Hills, Assam upto 1800 meter. Found as garden plants in Dehradun

PLANTS DESCRIPTION :-

These are erect, spine scent herb of about 30-60cm height with spiny toothed leaves. Leaves are long, narrow. Flower is small, whitish to pale in colour. The whole plant give the characteristic 'Eryngium' scent

PARTS USED :-

Whole plant

MEDICINAL PROPERTIES AND USES :-

The plant is used externally for headache, for lowering body temperature, for muscle's sprain and spasm. The hot extract of the plant is aromatic and used for sinusitis. It also have anticonvulsant property. The arial part show to possesses cardiovascular, diuretic and anti strychnine activity. Roots are used for kidney trouble, bladder problem, respiration, ailment etc.

PRODUCTION TECHNOLOGY :-

Cultivated in damp heavy soil in sun or shade with ample warmth and humidity all year round, well-drained, sandy or stony soil in sun. Propagation by seed sown when ripe, by root cutting in late winter. By seed sown in spring after stratifying for four weeks. Leaves are picked before flowering, roots of second-year plants are lifted in autumn and used fresh for flavouring, and fresh or dried in infusions and decoctions. Root of E. maritium are lifted in autumn and used fresh for conserve, or dried for use in powder, decoctions, and flavouring.